



# Resource Development Center Provider Training Newsletter

Southern Kennebec Child Development Corporation

## April & May 2010

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### Child Care Options

Resource Development Center

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1-888-917-1100  
1-800-525-2229  
Fax: 582-3115**

E-mail:

[cco@skcdc.org](mailto:cco@skcdc.org)

[www.ccordc.org](http://www.ccordc.org)

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## It's Easy As 1-2-3!



EARLY CARE & EDUCATION  
Early Childhood Division  
MAINE DEPARTMENT OF HEALTH AND HUMAN SERVICES

*Quality for ME* is a four-step program designed to increase awareness of the basic standards of early care and education, to recognize and support providers who are providing care above and beyond those standards, and to educate the community of the benefits of higher quality care. *Quality for ME* has three goals.

- \* To recognize child care programs that provide quality care
- \* To encourage providers to increase their level of quality
- \* To provide parents with identifiable standards of quality

Not yet enrolled in *Quality for ME*? Then this is your opportunity to join the more than 110 child care programs in Kennebec and Somerset counties who have already enrolled. It's easy as 1-2-3!

# 1.

Join the Maine Roads (MRTQ) Registry. The Registry tracks your ongoing education and training. It provides you with a resource to share with future employers or your licensing worker. For more information contact: Priscilla Armstrong, Registry Coordinator 1-888-900-0055 or access the Registry Application at [www.muskie.usm.maine.edu/maineroads](http://www.muskie.usm.maine.edu/maineroads)

# 2.

Complete the *Quality for ME* application. It is a quick and easy application and all you need to begin is your child care license number. You can complete the application online <http://www.qualityforme.org/qcare/login.aspx> or call Barbara Sousa at 207-624-7909 for a paper copy. Once you complete this application, you will have completed your enrollment in *Quality for ME*!

# 3.

Now wait for your Maine Roads Registry Certificate from Maine Roads to Quality (MRTQ) and your brightly colored *Quality for ME* certificate from the Department of Health and Human Services (DHHS) indicating your step level.

If you need assistance in this process give us a call.

Contact: Sharon Abair, Education Specialist

1-800-525-2229 ext. 13 or email [edspec@skcdc.org](mailto:edspec@skcdc.org)

## Now We Want To Give You \$50.00!

See page three for details.

**Maine Roads Core Knowledge Training / Education Opportunities**

What is the Maine Roads Core Knowledge Training Program? The Maine Roads Core Knowledge Training Program offers a wide range of approved training in the following core knowledge areas: healthy safe environments, observation and assessment, child development, developmentally appropriate practice, guidance, relationships with families individual and cultural diversity, and business and professional development. The approved Core Knowledge Training assures a consistent body of knowledge in early care and education for new and experienced practitioners. The training can be used to meet CDA training requirements, state licensing, Continuing Education Units (CEU's), National Accreditation Associates and ongoing professional development. The Core Knowledge training can be taken in any order and in no specified time-frame.  
 FMI <http://muskie.usm.maine.edu/maineroads>

**Maine Early Childhood Learning Guidelines**

Written for ages 3-5, Maine's ECLG have been approved by DHHS and are connected to Maine's K-12 Learning Results. Eight sessions will orient you to the Guidelines, demonstrate how you are already using them in your planning and if you are not, these sessions will help you integrate them into your current curriculum and adapt them to children with special needs. Key to using the guidelines is sharpening your skills around observation and assessment of young children. Participants will be guided in the creation of a portfolio/case study of one preschool child that utilizes concepts and strategies introduced in this training. There are expectations of homework between classes awarding an additional 6 hr. certificate, for a total of 30hrs.  
 Trainer: Jane Brennan *PS*  
 Date: Wednesdays: March 17, 24, 31, April 7, 14, 21, 28, May 5, Time: **4:00-7:00 p.m.**  
 Location: Children's Center, Augusta  
 Cost: \$15-Quality for ME participants \$20-non Quality for ME participants, pre-registration is required.

**Curriculum and Development for Preschool Aged Children**

This training is designed to introduce participants to planning, developing and implementing curriculum to meet the unique needs of preschoolers. Even though they are all individuals, preschoolers follow a predictable pattern of development. The group will split mid way to focus on either center-based or family child care with an additional trainer. 30 Hours  
 Trainer: Nancy Darlington *PS*  
 Date & Time: March 22, 29, April 5, 12, 26, May 3, 10, 17, 6:00-9:00 p.m., Saturday March 27 9:00-3:30  
 Location: Child Care Options, Farmingdale  
 Cost: \$15-Quality for ME participants \$20-non Quality for ME participants, pre-registration is required.

**Getting Started in Family Child Care: An Orientation**

This 12 hour training introduces the aspects of opening a family child care business in the home. It covers state certification procedures, health and safety practices, working with families, child development, community and professional resources, business and professional development. The training will fulfill the orientation training required by DHHS for certification. *IT/PS/SA*  
 Trainer: Sharon Abair  
 Date & Time: April 6, 13, 27 6:00-9:00 p.m.  
**AND** Saturday April 17 from 9:00-noon.  
 Location: Fairfield  
 Cost: \$15.00, pre-registration is required.

CODE: Indicates what age groups this training is appropriate for:  
*IT/PS/SA*  
*IT: Infant & Toddler, PS: Preschool, SA: School Age*

**Please Note**

◇ Class one is critical for all trainings, if you miss this important evening the remainder of the curriculum will be forfeited.

Maine Roads Core Knowledge Training / Education Opportunities

**Supporting Maine’s Infants & Toddlers:  
Guidelines for Learning & Development**

This training was written and designed to guide providers through the history, creation, and use of this publication, which outlines learning and development from birth to three. The modules focus on orienting providers to the document and on developing understanding regarding its use in a provider’s work with infants and toddlers and their families. The training maintains a strong emphasis on the link between authentic assessment and curriculum planning throughout the eight modules. During the training, participants use various tools and strategies to engage in observation, to collect evidence of children’s development, and to plan curriculum within the context of Maine’s guidelines for infants and toddlers. Participants will be guided in the creation of a portfolio/case study of one infant/toddler that utilizes concepts and strategies introduced in this training. There are expectations of homework between classes awarding an additional 6 hours on the training certificate, for a total of 30 hours.

Trainer: Martha Naber *IT*  
 Date & Time: Thursday evenings April 1, 8, 15, 22, 29, May 6, 13, 20, 6:00-9:00 p.m.  
 Location: Kennebec Valley Community College, Fairfield  
 Cost: \$15-Quality for ME participants, \$20-non Quality for ME participants, pre-registration is required.

**Weaving Diversity into Our Work with Children & Families Plus Many Eyes, Many Voices**

Throughout Weaving Diversity participants will explore personal memories, be introduced to concepts of the cultural lens and anti-bias approach, and practice responses using work-based scenarios. Many Eyes, Many Voices offers high quality children’s books accompanied by a activity guide designed to stimulate meaningful conversations about differences. Participants read and discuss books, and take part in related exercise and activities in preparation for using the materials with young children. 12hrs

Trainer: Marie Bolduc *PS*  
 Date & Time: June 7, 14, 21, 28, 6:00-9:00 p.m.  
 Location: Child Care Options, Farmingdale  
 Cost: \$10-Quality for ME participants, \$15-non Quality for ME participants, pre-registration is required.

**Caring For The Abuse Affected Child**

This training focuses on raising awareness of issues that affect children in families. It is an interdisciplinary approach that focuses on the areas of child abuse, substance abuse, and domestic violence.

Trainer: Somerset Team *IT/PS/SA*  
 Date & Time: May 20, 27, June 3, 10, 17, 24 6:00-9:00 pm  
 Location: Kennebec Valley Community College, Fairfield  
 Cost: \$10-Quality for ME participants, \$15-non Quality for ME participants, pre-registration is required.

Continued from page one:

**Now We Want To Give You \$50.00!**

Once you have successfully enrolled in **Quality for ME** we want to give you a \$50.00 voucher towards training. This training voucher can be used for trainings that will assist you in moving up a step level. Once you receive your **Quality for ME** certificate contact: Pam Soucy, Training Coordinator 1-800-525-2229 or [training@skcdc.org](mailto:training@skcdc.org) to access your \$50.00 training voucher. Don’t delay, enroll today! This offer will expire on September 30, 2010.

**Are you already enrolled in Quality for ME?**

Are you already enrolled in **Quality for ME** and working on moving up a step level? If yes, please let us know when you have moved to the next step level. We would like to congratulate you by giving your program a \$50.00 training voucher to assist you in achieving your next step level! It is our way of showing how proud we are of your professional development commitment. Contact: Pam Soucy, Training Coordinator 1-800-525-2229 or [training@skcdc.org](mailto:training@skcdc.org) for additional information.

# Training / Education Opportunities

## Lunch & Learn

For center-based directors and/or staff: Child Care Options will sponsor "Lunch and Learn" sessions on the third Wednesday of the month. March will focus on supervisory issues, April will focus on mandated reporting and May will focus on enhancing your science areas. These sessions are free and training certificates will be available. Bring your lunch and we will bring the dessert. *IT/PS/SA*

Trainer: Sharon Abair

Date & Time: March 17, 11:30-1:30

April 21, 11:30-1:30

May 19, 11:30-1:30

Location: Child Care Options, Farmingdale

Cost: Free, pre-registration is required.

### CDA Information Meeting

Everything you ever wanted to know about a CDA. Hours of training needed and how you can achieve it through the Core Knowledge training and more. Sharon will outline the steps to working on a CDA.

Trainer: Sharon Abair

*IT/PS/SA*

Date & Time: May 11, 6:00-8:00 p.m.

Location: Child Care Options, Farmingdale

Date & Time: May 25, 6:00-8:00 p.m.

Location: Kennebec Valley Community College, Fairfield

Cost: Free, pre-registration is required.

### Enhancing Your ECERS Score

Part of the Quality Rating System involves having researchers come to your child care program to conduct an observation using one of the Environmental Rating Scales (ECERS). Let's explore this tool together, talk about its history and its uses, view some environments appropriate for your program setting, actually use the tool ourselves- all in an effort to prepare you to relax and enhance your score. This is a daytime training requested by a few providers, please call Pam or Sharon if interested in an evening training date.

Trainer: Sharon Abair

*IT/PS/SA*

Date & Time: April 27, 9:00-11:00 a.m.

Location: Child Care Options, Farmingdale

Cost: Free, pre-registration is required.

Don't forget Daylight Savings Time Begins Sunday March 14th!

# Skowhegan Area Training

### Understanding Behaviors in Young Children

Do you have a child in your classroom who hits, bites, wanders, grabs, hugs or is shy? Most children who are seen as having behaviors often lack social skills, language skills or both. In this class, we will discuss ways to determine, document and support children who exhibit these behaviors. We will look at how a child's behavior explains their attention span, communication style and ability to socialize. We will introduce ways to determine the antecedent, behavior and consequence and how to model, direct and encourage appropriate social interactions and respectful classroom behavior.

Trainer: Deb Crump

Time: May 17 & 24, 6:00-8:30 p.m.

Location: TBA, Skowhegan

Cost: \$20.00, pre-registration is required.

### Skowhegan Area Child Care Providers

Skowhegan area child care providers meet on the last Monday of the month and are inviting all to join them. To join the fun contact Lynn Merrick @ 474-6786 or Kelly York @ 474-9100 for info.

# Training / Education Opportunities

## American Red Cross

### First Aid & Pediatric CPR

### through Child Care Options

Saturday, March 20, 2010 or Saturday, May 15, 2010

Time: 8-5 Fee: \$30.00

Location: Child Care Options, Farmingdale

Pre-pay and register with the enclosed yellow registration form to Child Care Options.

**No refunds or transfers.**



## **Gardening with Children**

Child care providers, parents & grandparents, let me show you how much fun gardening with children can be. Do you have just a little space? No problem, I'll show you how to maximize what you have. We'll talk about seed starting basics, fast growing and productive plants. How to make a shaded foliage tent with tall growing plants, grab and go snacks from the garden even how your garden is a tax deduction for your child care business. You will leave here with a few materials to start a garden with your children the very next day.

Trainer: Pam Soucy

Date & Time: Saturday March 20, 1:00-2:00 p.m.

Location: Longfellow's Greenhouse, Manchester

Cost: Free, pre-registration through Child Care Options.

March Trainings: there is still time to register for the following trainings:

### **The Magic of Music in Early Childhood Development**

Date & Time: March 17, 6:00-7:30 p.m.

Location: Child Care Options, Farmingdale

### **Brain Gym**

Date & Time: March 18 & 25, 6:00-8:00 pm

Location: Child Care Options, Farmingdale

### **Families Stand Together Feeling Secure in Tough Times**

Date & Time: March 23, 6:00-7:30 p.m.

Location: Gardiner High School

See February/March newsletter for descriptions or visit our website [www.ccordc.org](http://www.ccordc.org), to register call Pam Soucy 582-3110 ext. 25

## **Save The Date**

### **Dr. Stephen Greene**

**Saturday June 5 from 9:00 to noon**

**Sportsman's Alliance of Maine, Route 3, Augusta**

**Dr. Stephen Greene** is a licensed clinical psychologist in private practice with offices in Augusta and Westbrook Maine. He has been providing clinical services in a variety of inpatient and outpatient settings for more than 30 years. His areas of clinical specialty include trauma, attachment, deafness, developmental disorders, medical psychology, systems, and wrap-around treatment. He has specialized in treating severe childhood trauma, attachment and dissociative disorders for the past 8 years. He provides therapy and consultation services to individuals, couples, families, teams, organizations and schools.

CEU sign ups will be available the day of the training for an additional \$13 application fee through USM.

## **CONGRATULATIONS!**

For successful participation in the following Maine Roads to Quality Core Knowledge Training

### Introduction to Early Childhood Education

Rachel Cummings Julie Dore Delena Draper  
Amber Gervais Kim Grant Mandi Howard Jean Victory  
Robin Richards Sylvia Ryder Peg Siebert

### Maine Early Childhood Learning Guidelines

Carolyn Allen Lisa Basinet Mary Borja  
Kilene Conrad Jennifer Fortin Candace Pineo  
Tabitha Ryan

## **Basic Water Safety Course**

Call Augusta YMCA 626-3488 or email [rob@kvymca.org](mailto:rob@kvymca.org)

The **Infant Toddler Institute** will be a "hybrid" class again this year, with two days, June 8 and 9, on the University of Maine at Farmington campus; followed by 5 weeks of on-line assignments and a final day on campus July 10<sup>th</sup>. The applications for this will be out by the end of March.

If you have any questions about any of the Infant Toddler Initiative work, or if you need any technical assistance around your work with children under three, please feel free to contact me, Karen White, at 333-6450 or

[kwhite@community-concepts.org](mailto:kwhite@community-concepts.org)

# 17th Annual Kids, Kids, Kids Conference

April 17, 2010 Kennebec Valley Community College

Keynote Speaker Libby Mitchell

5 Training Hours

We have plenty of room left in our great workshops.  
For easy access to the brochure and registration form visit our  
website at [www.ccordc.org](http://www.ccordc.org) or call for a brochure.  
Pam Soucy, 582-3110 ext. 25 [training@skcdc.org](mailto:training@skcdc.org)

## **Dorothy, We're Not Just on Paper Anymore!**

The Child Care Options Resource Development Center recently released the first issue of their new email newsletter, theLINK. If you are interested in subscribing to this exciting new resource, you can either subscribe on our website by entering your email in the text box in the upper left-hand corner of the navigation bar, or by contacting Pam Soucy, Training Coordinator, by phone at 582-3110 x 25, or email Pam at [training@skcdc.org](mailto:training@skcdc.org) Don't miss another information packed issue, it is different from this newsletter. Subscribe today!

**Child Care Options, Resource Development Center** has an opening for a temporary Resource and Referral Specialist for 25 hours per week for approximately a 12 week period, then increasing to 40.0 hours per week for an additional 12 week period. Anticipated start date is the beginning of May.

The Resource and Referral Specialist is responsible for maintenance of the RDC and Care for ME program databases; implementation and provision of resource and referral services to consumers seeking child care and to providers and parents seeking early care and education training and technical assistance; and assisting in the implementation and outreach of services to private sector and local businesses.

### **Minimum Requirements:**

Individual must have a minimum of an Associate Degree in Human Services or a related field and a working knowledge of Maine's child care system. Bachelors Degree preferred. Must possess excellent computer and written/verbal communication skills and must possess a valid Maine Driver's license and have access to an adequately insured vehicle, if conducting Agency business in a private vehicle. Salary is commensurate with level of experience.

Please submit resume or call for an application:

SKCDC Human Resources, 337 Maine Avenue Farmingdale, ME 04344

Telephone: (207) 582.3110 Fax: (207) 582.3112

E-mail: [hr@skcdc.org](mailto:hr@skcdc.org) Website: [www.skcdc.org](http://www.skcdc.org) SKCDC is an EEO/AA Employer



**Facts about Care for ME/Family, Friend, and Neighbor Care across the Country**

Did you know? Care for ME caregivers are legal- unlicensed providers (caring for up to two unrelated children at one time) who have applied to the Care for ME program and successfully passed 3 required background checks. Care for ME caregivers are sometimes referred to as Family, Friend, and Neighbor caregivers. Across the country, an average of 48% of all children under the age of 5 are in Family, Friend and Neighbor (FFN) care. 23% of children in subsidy programs are receiving care in FFN care settings.

People give a variety of reasons for choosing FFN caregivers. Reasons given include lower staff-to-child ratios, lower cost, flexible hours, and lack of other options due to rural living. As you can see, FFN care and Care for ME caregivers play a part in many children’s lives. It is important to remember that the skills children learn in the first 5 years of life set the foundations for learning in the future. Child care providers of all types should be aware of their role in contributing to these foundations! Care for ME would like to encourage all caregivers to take trainings from the local Resource Development Center to gain new skills and to share your experiences with other caregivers in your area.

Vanessa Leigh, Resource & Referral Specialist/  
Care for ME,  
Southern Kennebec Child Development Corp.  
1-866-638-7878 207-582-3110 ext. 29

**Resource & Referral Data Corner  
New Marketing Tool For You!**

Have you been wondering if you have utilized all available methods to market your child care business? In an economic climate where demand for child care services has been declining, marketing has never been more important. If you are a Child Care Center or Licensed Family Home Provider, Child Care Options has an exciting new marketing tool for you!

These providers who participate in Child Care Options online referral service (providers who have checked Yes to Web Referrals) are now eligible to set up an online program profile for parents accessing online web referrals to view. This profile allows providers to include information about their program in a variety of categories as well as six photos that allow parents to view various aspects of the program.

In order to participate, providers must have access to the internet and a valid email address. Not online at home? Most libraries offer free internet access, and a provider can also come to the Child Care Options office and the staff will walk you through the set-up on an office computer. If you need an email address, there are several sites that offer free email addresses, such as hotmail.com, google.com, and yahoo.com.

If you are interested in this new and exciting opportunity, please contact Child Care Options for more information and to get a start-up packet. Please note that at this time, only licensed providers are eligible to use this tool.

**CONGRATULATIONS!**

Congratulations to MSAD #49 Child Care in Albion, Lou-Anne Parker and all the staff for becoming accredited by the Council on Accreditation (COA) for their school age child care program!

Accreditation by the National Association for Family Child Care Brenda Beard from Fairfield  
Christen Brewer from Skowhegan ~ Associates Degree

Child Care Options ~ RDC will be closed Memorial Day May 31.

Southern Kennebec Child Development Corporation  
Child Care Options: Resource Development Center  
337 Maine Avenue  
Farmingdale, Maine 04344

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Return Service Requested

## **Child Care Market Rate Survey**

Watch you mail in late spring for the Child Care Market Rate Survey. Every two years the Maine Department of Health and Human Services (DHHS) is required to do a market rate survey. DHHS has contracted with Digital Research to develop and administer the survey as well as compile the data.

The survey results are used by DHHS to establish subsidy reimbursement rates as well as track information on the early care and education field in Maine.

Please take the time to complete and return the survey. Having a good response rate is important to assure as many child care programs as possible are represented and the market rate survey data is valid.